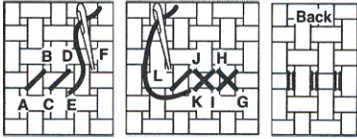


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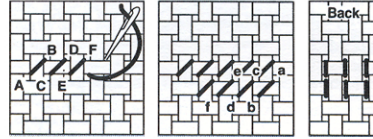
Stitches

Cross Stitch



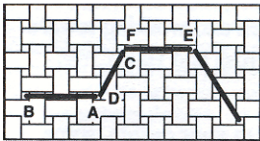
Work all crosses through the holes woven in the fabric from left to right across the row. Complete the other half of each cross by stitching from right to left. Make sure all your stitches cross in the same direction.

Half Cross Stitch



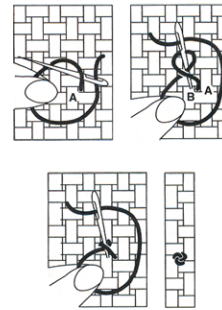
Working in and out of the fabric holes from left to right across the row. To complete the next row, work from right to left.

Back Stitch



Come up at A, then down at B. Come up at C, then go back down at D (same as A). Continue, always going back down into the same hole as the previous stitch.

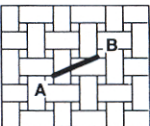
French Knot



Come up at A. With one hand, hold your thread 2" away from A. Wrap the thread around the needle. Continuing to hold the thread, insert the needle at B, next to A.

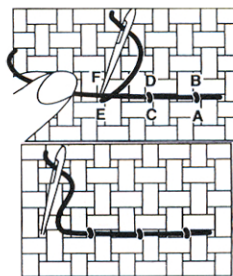
Pull the thread until the wrap is tight around the needle and lies next to the fabric. Holding the thread taut, pull your needle through the fabric.

Straight Stitch



Come up at A, then go down at B, making each stitch the length of a line on the chart.

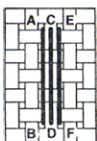
Couching



Using the larger needle, come up through the fabric and lay the base stitch in the desired position.

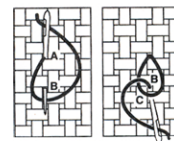
Holding it in place, use the smaller needle and fasten the thread in place. When finished tacking, go down through the fabric to end the base stitch.

Satin Stitch



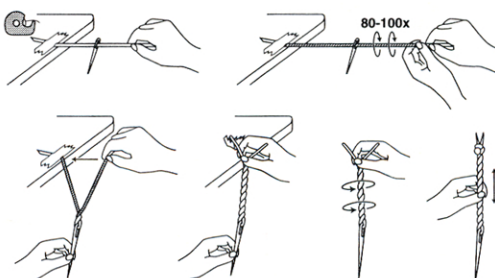
Fill the area with stitches to cover the fabric.

Lazy Daisy



Partially push the needle down at A, then bring back up at B. Wrap the thread beneath the needle. Pull the needle through. Push the needle down at C attaching the loop to the fabric.

Cording



- 1) Thread the needle; tape one end of the thread to the edge of a table or counter.
- 2) Twist the other end counter clockwise until it begins to curl on itself.
- 3) Grad the needle with one hand. With your other hand remove the taped end and put the loose ends together.
- 4) Allow the thread to continue to twist. Adjust the twists so they look smooth and even.
- 5) Knot the loose ends together.